

SAVE MONEY ON YOUR FOOD BILL

EASTERN SUBURBS Fruit & Vege Co-op

Bringing healthy food to our neighbourhood

Just \$12 per week!



What is the fruit and vege co-op?

Fresh fruit and vegetables at affordable prices delivered each week to your community.

What does it cost and what do I get?

For \$12.00 you will get a freshly picked pack of:

- seasonal fruit (3-4 varieties); and
- seasonal veges (3-5 varieties)

all at wholesale value and delivered directly to your neighbourhood.

How do I join?

Sign up by filling out the slip below, or contacting the fruit and vege co-op coordinator with a payment of \$12.

ORDERING

1. Place your order with the fruit and vege co-op coordinator.
2. Pay \$12 a week in advance, by cash or internet banking.
3. Collect on a Tuesday each week.



For **cash** payment details, see table below



Pay by **internet banking** to:

Eastern Suburbs Fruit & Vege Co-op
38-9017-0277429-00

Code/Particulars: First and Last Name
Reference: Distribution centre you are collecting from,
e.g. St Aidan's, Granville, Centennial or Rintoul St (see table below)

Tips on eating healthy, recipes and general health messages will also be available with your fruit and vegetables.

Current distribution centres/coordinators include:

St Aidan's Church Meri 027 396 9943 easternsuburbsveges@gmail.com	89 Miramar Avenue, Miramar	Pay internet banking by 5pm Thursday OR pay cash to Shop 89 (next to Church) by 4pm Thursday	Pick-up Tuesday 3.30-5.30pm
Granville Flats Bruce 027 275 6041 berhamporefruitandvegecoop@gmail.com	Community Room, 559 Adelaide Road, Berhampore	Pay internet banking by 5pm Thursday OR pay cash at pick-up for the following Tuesday	Pick-up Tuesday 11.30-1.00pm
Centennial Flats Bruce 027 275 6041 berhamporefruitandvegecoop@gmail.com	Community Centre, 493 Adelaide Road, Berhampore	Pay internet banking by 5pm Thursday OR pay cash at pick-up for the following Tuesday	Pick-up Tuesday 1.30-3.00pm
Rintoul Street Flats Bruce 027 275 6041 berhamporefruitandvegecoop@gmail.com	Community Room, 263 Rintoul Street, Berhampore	Pay internet banking by 5pm Thursday OR pay cash at pick-up for the following Tuesday	Pick-up Tuesday 4.00-6.00pm

Yes I would like to be part of the Eastern Suburbs Fruit & Vege Co-op!

Name: _____

Phone: _____ Mobile: _____

Address: _____

Email: _____

I would like to collect my first pack on: _____ from: _____
(date) (distribution centre)

I heard about the Fruit & Vege Co-op from: _____

Please email your details or hand to your local coordinator.

Coordinator to complete

Date received: _____

Area: _____

Coordinator: _____

Signed: _____

Paid: _____

Eastern Suburbs Fruit & Vege Co-op

 Fruit and Vege Co-op Coordinator, Meri 027 396 9943

 easternsuburbsveges@gmail.com

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