

	Morning	Afternoon	Evening
Monday	Shut Up and Dance (term courses). 9-11am. E: hello@shutupanddance.co dance exercise	Move It Danceworks: Contact: Chloe 027 305 1075 Ballet, Modern for school ages.	Ballroom in the Bay: 6-8pm. Contact Keri. 021 484599 Move It Danceworks: Contact Chloe 027 305 1075 Girls Brigade: 6.30-8.30pm Contact Mel 021 702 907
Tuesday	Forme Fitness: (courses) 10am-12noon. Women's strength, in the gym. Contact Jess jessica.burnett@hotmail.com	Move It Danceworks: 4-8pm. Contact: Chloe 027 305 1075	Move It Danceworks: 4-8pm. Contact: Chloe 027 305 1075 Forme Fitness: 6-7; 7-8pm. jessica.burnett@hotmail.com
Wednesday	Taoist Tai Chi: 10am-12noon. All levels. Contact Karl on schmuckfritsch@me.com		Guides & Rangers: 7.30-9 pm. Ages up to 17 years. Contact: Colleen Johnson 021 267 1208
Thursday	"BBC" (bible, bikkies & coffee): 10-11.30am. Contact: Rev. Nathan Parry 383 8699	Qi Gong: 12-1pm. Gentle movement for grounding, centering and relaxing. Contact Erin: bodyinsoulnz@gmail.com Spinners & Weavers: 1 st & 3 rd Thursday, 1-3pm. Contact: Bev 021 2553893 Move It Danceworks: 3-8pm. Contact Chloe 027 305 1075	Girls Brigade: 6.30-8.30pm. Contact: Mel Heaphy 021 137 8062. Move It Danceworks: 3-6.30pm. Contact: Chloe 027 305 1075
Friday	Anne's Family Music: Two age-graded sessions, babies to 4 years. 10am – 12noon. Contact: Anne Neal 027 2431540		Youth Group: Spiritual formation and fun. Ages 11-16. 7-9pm, fortnightly. Contact youth@ibpc.org.nz
Saturday		Spinners & Weavers, 1-4pm, 2 nd Saturday. Contact: Bev 021 2553893	Available for casual bookings
Sunday	Presbyterian worship service 10am – 11am. Coffee 11am-12noon. Online available by contacting Rev Nathan	Available for bookings	Available for bookings